



**I would JUST SHOOT:**  
A misguided idea of personal protection.

# That guy would already be dead

**A bold statement, rooted in assumptions about how violence unfolds mostly informed by movies**

A common criticisms from our evolutions videos is we don't stop when the weapons get used. Body Worn Cameras, security videos, and firsthand accounts—shows that human beings are remarkably resilient. People have been shot, stabbed, or beaten multiple times and still pressed forward, sometimes with astonishing determination. Why don't they stop? And more importantly, how can we harness that same tenacity to survive extreme encounters?



## You can survive



Consider the 1986 FBI Miami shootout, where both suspects and agents sustained multiple gunshot wounds yet continued to engage for minutes. Or look at more recent incidents captured on body cams, where individuals absorb multiple rounds and still charge forward. Even in edged-weapon attacks, where blood loss is rapid, people have been known to fight on for critical seconds or minutes.



## It's not about being fearless or psyching yourself up with affirmations.

The term “mindset” gets thrown around a lot in the tactical training world. It's become a buzzword, slapped on T-shirts and motivational posters, often stripped of its real meaning. At Shivworks, we're not above poking fun at the tactical community's love for catchy phrases, but we also recognize that mindset isn't just a slogan—it's a critical component of survival. The problem is that mindset is often misunderstood or oversimplified.

It's about preparing your mind to make decisions under extreme stress and to keep pushing forward when every instinct screams to give up.

Mindset, in the Shivworks context, is about cultivating a deliberate, trained response to chaos. It's the ability to stay task-focused when you're injured, disoriented, or terrified. It's the mental framework that says, “I'm not done yet,” even when your body is screaming otherwise. This isn't something you're born with—it's built through training, reflection, and experience. Our courses, like Extreme Close Quarters Concepts (ECQC) and Edged Weapons Overview (EWO), develop mental resilience under simulated pressure, so you're not encountering it for the first time in a real fight.



Visit [Shivworks.com](https://shivworks.com) and train with us