



SHIRTING: Presenting Yourself with Presence

Shirting as noun?

The word “shirting” as used by me in this short passage is a noun not a verb.

Shirting comes to me from my experiences being fitted on **Savile Row**. Shirting refers to anything one wears against the torso directly that is not a jacket.



Good shirting is the link between jacket and trousers.

Since most men don't actually wear suits and odd jackets these days, more often than not, shirting stands alone.



Why does it matter?

I think shirts and clothes are generally one of the most important factors in how one presents to the world.

Feared, Admired, Invisible, Noticed



This is why it's better to dress well for job interviews, and why clothing plays such a major role in the Bond mythos.

First from a **self-defense** standpoint, neat, put-together attire connotes a sense of discipline, especially when everything fits well. The combination of well-fitting clothing, proper grooming, and a highly capable physique signifies you are serious and competent.



Secondly, dressing well **FEELS** good. It's universally acknowledged that well fit, sharp clothing improves self image. Positive feelings about oneself enhances one's physical and mental abilities.



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Becoming the gray man - OCBD

Finally, good shirting is really what being a “**gray man**” is all about.

Get rid of industry logo t-shirts and board shorts. Wear nice jeans with **NO** holes, shoes that **cover your feet**, and something like an Oxford cloth button down (OCBD). Fly under the radar opposed to a person who observably lives in gun culture. You are just another -after hours officer worker- a “**gray man.**”



Personally I’m a OCBD type of guy and recently posted on the ‘Gram about my latest choices. Take a gander.

Until next time, stay dangerous ShivFolk!



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